

Apply Leadership BALM™

Be a Healing Presence at Work



Join Michele Okposo and JoAnne Scalise of CoCreative Transformation for a four week teleseminar experience that can transform – and Heal – your experience of work

The Four Week application of Leadership BALM™:

Week ONE

Balance the BodyMind

- What is causing you stress, and how you can reduce stress in the workplace – will include survey review
- Nutrition effects on body and mind
- Living a life of EF + G – Ease, Flow and Grace

Week TWO

Awaken the Soul

- Enhance personal and team integrity
- Learn 5 key principles to develop open and honest communication so that you can hear and BE HEARD
- EF + G and Change – when you're in it, you can handle anything

Week THREE

Lead with Spirit

- Coach and mentor the way you would have liked to be
- Teambuilding – how to build great teams that actually collaborate to achieve goals
- How to be an Authentic Leader in every situation, with everyone – people will recognize your leadership

Week FOUR

Manage in Mindfulness

Your Being Present in every moment helps you:

- Manage Effective meetings with valuable outcomes
- Delegate with no strings attached
- Plan strategically, clearly, and powerfully for your next steps

We have been a team for over twelve years, first in healthcare management and leadership roles, and now as the principals of CoCreative Transformation. Our commitment to authentic Presence for Work that is Whole offers organizations and individuals a CoCreative doorway for Transformation.

JoAnne Scalise is committed to bridging the realms of healthcare and healing. As a nurse, consultant, and Midwife of Spirit, her expertise is clinical (ranging from neonatal and pediatric critical and home care to trauma and poison centers) as well as business and spiritual leadership and transformation. She met and worked with Michele in a \$1.6B national healthcare organization in departmental leadership capacities for home infusion nursing and nutrition care for ten years, developed clinical and quality programs for high technology/medically fragile pediatric home care populations, managed toxicologic emergencies at the Poison Centers in Pittsburgh and Minnesota, and presented a variety of topics and programs nationally. JoAnne has been certified as a Specialist in Poison Information (CPSI) and a Professional in Healthcare Quality (CPHQ). As a consultant, JoAnne assists healthcare organizations and individuals reach clinical, operational, and personal excellence through education, inspiration, mindful leadership, authentic communication, and reconnecting people with purpose. As a Midwife of Spirit, she helps you give birth to your true Self, the Infinite YOU. **If you would like to see things – and yourSelf – differently this year, you are welcomed to begin at www.InfiniteYOU.com and www.AngelVision.CradleOfLight.com** Contact JoAnne at 612.889.9900 and JoAnne.Scalise@gmail.com



Michele Okposo is a registered Pharmacist, Spiritual Director, and health and wellness coach. Michele has over 20 years experience inspiring and leading groups and individuals in continued development of their human potential. She is a graduate of the College of Pharmacy at the University of Minnesota, and the Center for Mind Body Medicine's Professional and Advanced Training Programs. Michele's expertise in workplace enhancement has been utilized as a successful regional operations manager in a corporate healthcare company and now as a small business consultant. She routinely conducts mind-body skills trainings, groups and retreats. Her healing practice includes techniques from Reiki, Holographic Memory Resolution and Therapeutic Touch. Michele assists you in coming into alignment with the natural harmony of All That Is so you may live a life of Ease Flow and Grace. Michele facilitates authentic individual and team growth as well as workplace enhancement through her abilities as healer, teacher and leader. To contact Michele, call 612-310-8876 or e-mail saintmiche@aol.com